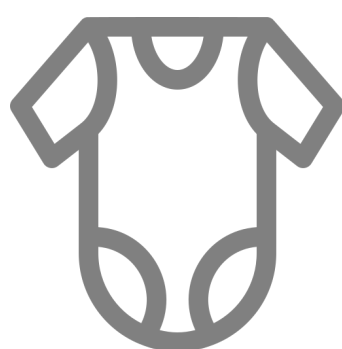


What should my baby wear at night?

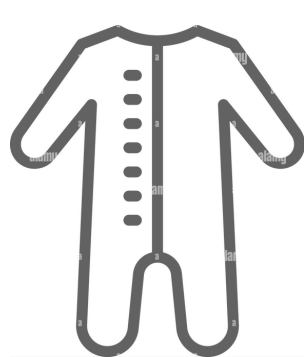
This poster shows you how many layers your little one should wear, depending on what the room temperature is

< 26°



24 - 25°

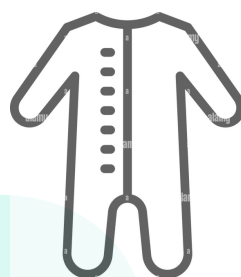
22 - 23°



18 - 21°

An ideal temperature for our baby's bedroom is 16-20 degrees

15 - 17°



This information is a guide only. Check on your baby regularly by checking their back, neck or tummy to make sure they are not too hot or too cold